



AIA Vitality

MEMBER PORTAL TUTORIAL

4

Earn Additional Points


- 4.1 AIA Vitality Health Check /
Screening and Prevention
- 4.2 Organised Fitness Events
- 4.3 Check Your Point Statement

AIA Vitality Health Check / Screening and Prevention

Start here!

- Points and Status
- Overview
- How to Earn Points
- Points Statement
- How to Get to Platinum
- Claim Points
- Your Cashback

Claim Your AIA Vitality Points

 You can manually claim points for your health checks, fitness assessment and any organised fitness events you participate in.

AIA Vitality Health Check

Earn up to 6,000 AIA Vitality Points when you have your AIA Vitality Health Check.

You may also claim points for any of the screening tests done at your preferred healthcare provider by submitting proof of your results.

[Claim points now](#)

Screening and Prevention

Earn up to 1,000 AIA Vitality Points for each advanced screening, vaccination and dental screening.

[Claim points now](#)

Organised Fitness Events

Earn AIA Vitality Points for particip...

Click here to claim points for AIA Vitality Health Check.

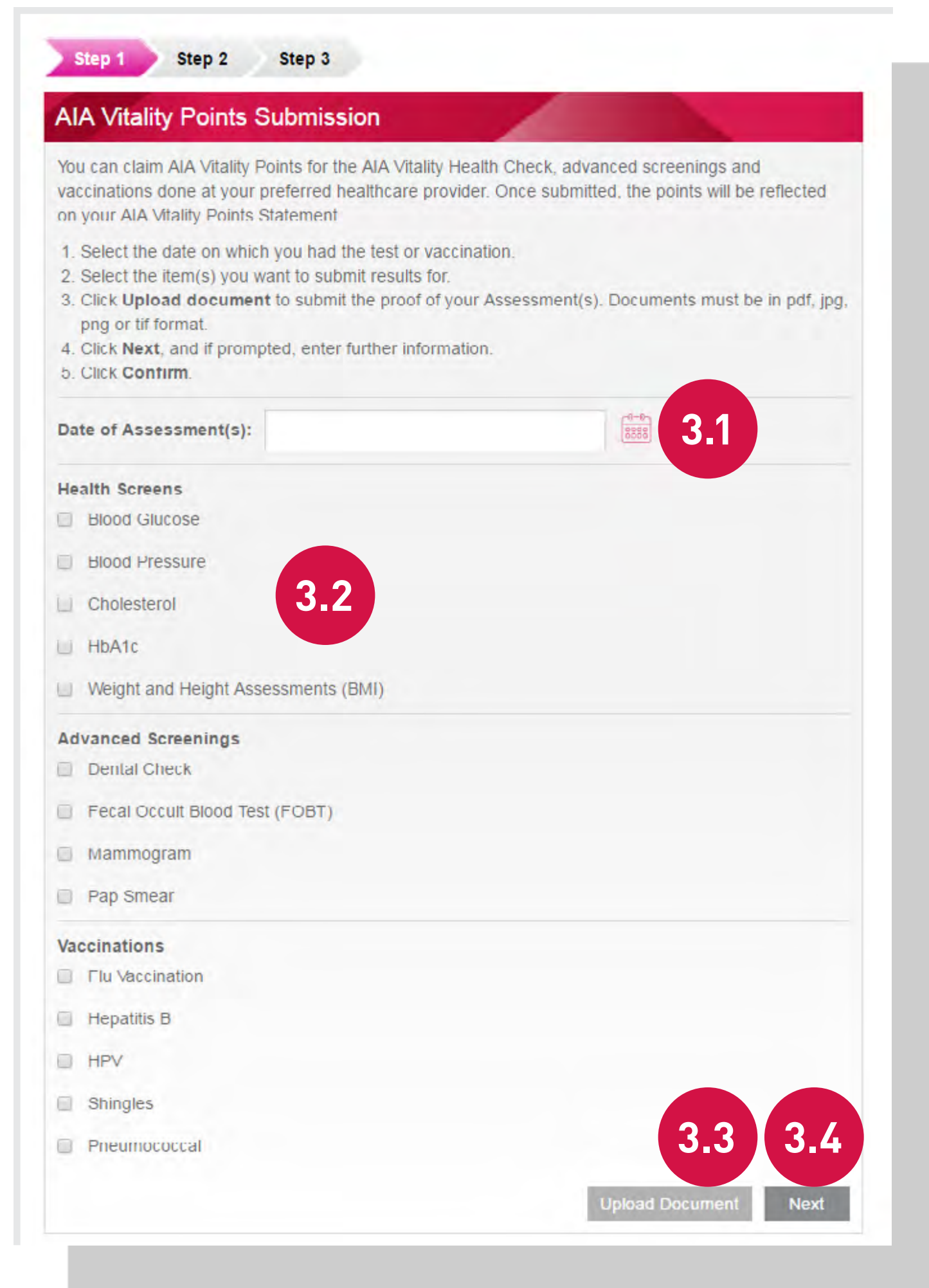
Click here to claim points for Screening and Prevention.

1 Click **Claim Points** from dropdown menu.

2 Click **'Claim points now'**.

AIA Vitality Health Check / Screening and Prevention

3 Points Submission




Step 1 **Step 2** **Step 3**

AIA Vitality Points Submission

You can claim AIA Vitality Points for the AIA Vitality Health Check, advanced screenings and vaccinations done at your preferred healthcare provider. Once submitted, the points will be reflected on your AIA Vitality Points Statement

1. Select the date on which you had the test or vaccination.
2. Select the item(s) you want to submit results for.
3. Click **Upload document** to submit the proof of your Assessment(s). Documents must be in pdf, jpg, png or tif format.
4. Click **Next**, and if prompted, enter further information.
b. Click **Confirm**.

Date of Assessment(s):  **3.1**

Health Screens

- Blood Glucose
- Blood Pressure **3.2**
- Cholesterol
- HbA1c
- Weight and Height Assessments (BMI)

Advanced Screenings

- Dental Check
- Fecal Occult Blood Test (FOBT)
- Mammogram
- Pap Smear

Vaccinations

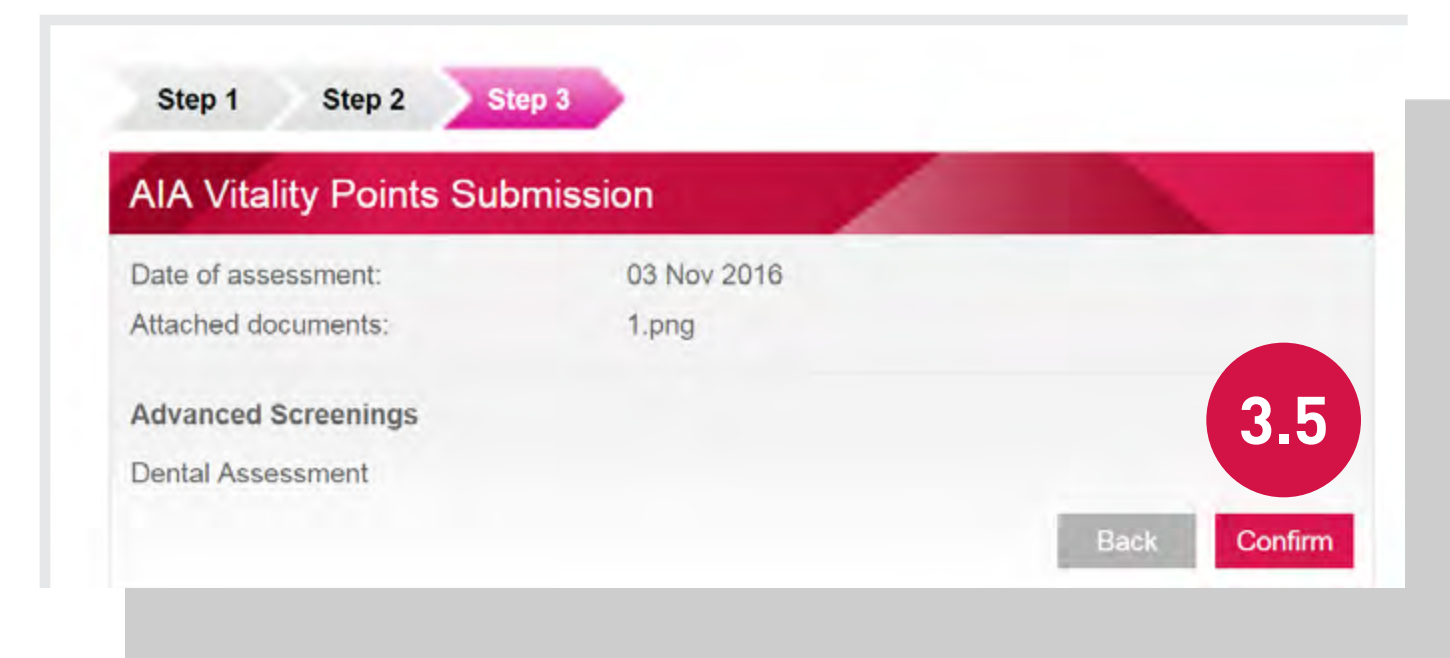
- Flu Vaccination
- Hepatitis B
- HPV
- Shingles
- Pneumococcal

3.3 **3.4**

Upload Document **Next**

Steps

- 3.1** – Enter the date of assessment/health check.
- 3.2** – Select the types of health screens/advanced screenings/vaccinations performed.
- 3.3** – Upload scanned copy / screenshot of health report(s), or receipt for dental check.
- 3.4** – Click **Next**.



Step 1 **Step 2** **Step 3**

AIA Vitality Points Submission

Date of assessment: 03 Nov 2016

Attached documents: 1.png

Advanced Screenings

Dental Assessment

3.5

Back **Confirm**

- 3.5** – Click **Confirm**.



Please allow up to 14 days for points to be reflected in the portal.

Organised Fitness Events

Start here!

Points and Status

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AIA Vitality Health Check

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You may also claim points for any of the screening tests done at your preferred healthcare provider by submitting proof of your results.

Claim points now >

Screening and Prevention

Earn up to 1,000 AIA Vitality Points for each advanced screening, vaccination and dental screening.

Claim points now >

Organised Fitness Events

Earn AIA Vitality Points for participating in fitness events such as walking, swimming, running, cycling, mountain biking, canoeing and triathlons.

Depending on the intensity of the event, you can earn up to 1,500 AIA Vitality Points for each event. An annual limit applies.

Claim points now >

Click here to claim points for Organised Fitness Events.



Please allow up to 14 days for the points to be reflected in your portal.

Claim Points

Enter Your Event Details and Earn AIA Vitality Points

Type of Event:

Select an Option

Date of Event:

Category:

Select an Option

Enter Event Name:

Distance of Event(km):

km

Your Finish Time(hh:mm:ss):

My Race Number:

I declare that the information I have submitted with respect to the event(s) I have completed is true and correct and understand that AIA Bhd. shall have the right to undertake any type of check or audit with the event organiser or otherwise to confirm my participation in the event and that the details provided are true and correct.

Tick here to declare.

Submit

1

Click **Claim Points** from dropdown menu.

2

Click '**Claim points now**'.

3

Key in all the information required. Tick the declaration and click **Submit**.

Check Your Points Statement

Start here!

Points and Status

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AIA Vitality Points Statement

Life is more rewarding with AIA Vitality! Earn AIA Vitality Points when you perform activities and practise good health habits. The more you engage, the more points you earn, the higher your status and the greater your rewards. Check out where you stand right now!

The AIA Vitality Points Statement shows all the activities we have registered for you. Some activities may not have been fully processed, so the points may not be displayed yet. You should query missing points within 30 days of completing the activities so you don't lose them.

AIA Vitality Year

Category View Statement View

Category	Points
+ Know Your Health	9,950
+ Get Active	14,250
+ Healthy Choices	2,000
+ Get Connected	650
Total Points	26,850

You may click on + to expand the respective category.

AIA Vitality Points Statement

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AIA Vitality Year

Category View Statement View

Category	Points
- Know Your Health	9,950
AIA Vitality Health Review	1,000
Mental Wellbeing: Stressor Assessment	300
Mental Wellbeing: Psychological Wellbeing Assessment	300
Mental Wellbeing: Resilience Assessment	300
Mental Wellbeing: Social Support Assessment	300
Online AIA Vitality Nutrition Assessment	1,000

You may click on this for a more detailed statement view.

1 Click **Points Statement** from dropdown menu.

2 **Category View.**

3 **Statement View.**